

Planned pregnancies are healthier pregnancies.

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Written by: Questions?



New factsheets by the University of Utah School of Medicine describe two policy solutions that would help Utah families obtain healthcare they need to plan and space their pregnancies in order to better achieve the best health outcomes for the mother and child. In addition to promoting health, these solutions are cost-effective.

A Medicaid State Plan Amendment (SPA) allows family planning coverage for individuals that do not qualify for full Medicaid benefits. Expanding family planning coverage would maximize the the federal match and support the health of Utah families. There are 28 states that take advantage of the option to offer family planning coverage for individuals that do not qualify for full Medicaid benefits. These existing programs have proven to be budget neutral or cost-saving.

Long-acting reversible contraceptives (LARC) are highly effective contraception devices with minimal side effects that can be safely inserted immediately following delivery or during the mother's hospital stay. However, current Medicaid reimbursement procedures create a disincentive to offering LARC in this context. Unbundling LARC insertions from the global fee could improve access to this

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effective option.

For more information, see the complete fact sheets:



[Expanding Family Planning Coverage with Medicaid](#)



[Expanding Options for Postpartum Contraception](#)

For 30 years now, Voices for Utah Children has called on our state, federal and local leaders to put children's needs first. But the work is not done. The children of 30 years ago now have children of their own. Too many of these children are growing up in poverty, without access to healthcare or quality educational opportunities.

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